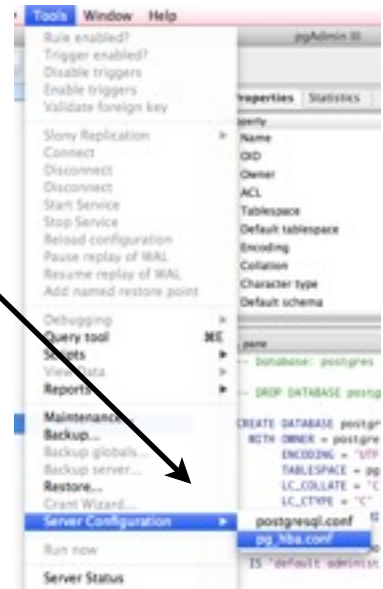Have connected to a server, selected the postgres database, then selected TOOLS/ SERVER CONFIGURATION/pg_hba.conf:

Resulting window:

Double click on the last blank line to create a new entry and complete the relevant details:

Save it, and this is the result:

Although the line looks like it is saved, there is not a subsequent blank line after, and when you save the file and the reopen it, your entry is not in the file: